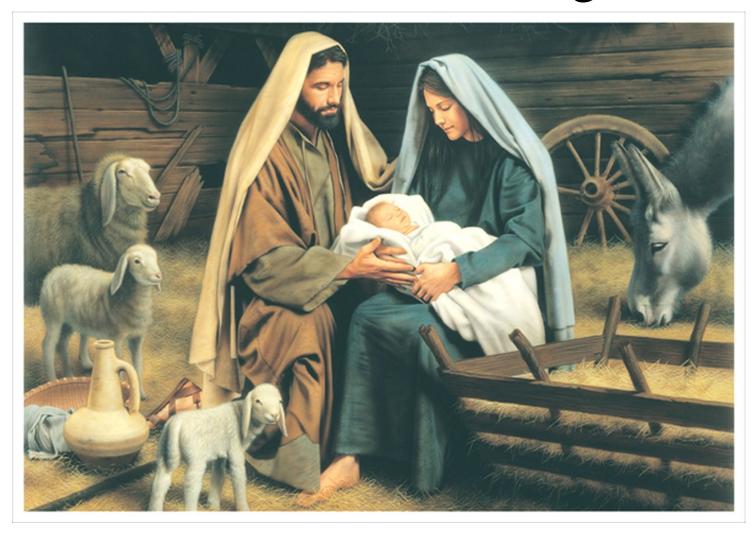
St. Timothy's Banner

Christmas 2019



Jn. 3:16 For God so loved the world that he gave his one and only son that whoever believes in him shall not perish but have eternal life.

LOVE

By Do Fox

Love came to earth On Christmas eve. My Love leapt into your universe In a form so tender, So gentle, - I wanted you to understand. Do you not see in this gift The lengths that I will go to save you? I parted the curtain that separates us, And permeated human flesh, - My own creation. I knew what it would cost, The agony that lay ahead, Yet it was the only way to draw you to Me. O My lost children, Gaze on My Son, and you will feel My peace, You will share My secrets. I have plans for My children Larger that you can imagine. Trust that He is the One I have sent, And follow Him, For He transcends what you call reality, And lifts you up into My arms Where you are safe from evil of any kind. He came to bring you into My Presence, And to bring you, singing!

WiseGEEK

The Sign

By Rev Dan Endresen



And it came to pass in those days *that* a decree went out from Caesar Augustus that all the world should be registered. ²This census first took place while Quirinius was governing Syria. ³ So all went to be registered, everyone to his own city.

⁴ Joseph also went up from Galilee, out of the city of Nazareth, into Judea, to the city of David, which is called Bethlehem, because he was of the house and lineage of David, ⁵ to be registered with Mary, his betrothed wife, who was with child. ⁶ So it was, that while they were there, the days were completed for her to be delivered. ⁷ And she brought forth her firstborn Son, and wrapped Him in swaddling cloths, and laid Him in a manger, because there was no room for them in the inn. ...What a bummer! Things weren't bad enough?

I think I shared with some of you already, the experience I had the first time Maria entrusted me to take two of our kids to Florida on a vacation without her. My youngest was only 8 and had never been away from mom. And neither of them had ever done a long road trip with dad before. Still, with a little trepidation on everyone's part, we headed south – stopping the first night, at my parents, and the next, with friends in Philadelphia.

The third day we headed out before dawn and stopped at McDonald's for breakfast. It was there where my youngest had a melt down.

It was beginning to be all too strange and she wanted to go back home to Mommy. I reassured her everything would be okay, and we sped down the road again.

That evening as darkness fell somewhere in the Carolinas we began looking for places to stay, ...but there were no vacancies due to it being Christmas season and so many others heading south.

We passed on through South Carolina, then Georgia – ...still no vacancies. Finally, we made it to Florida in the still dark wee hours of morning, ...and still no vacancies. I couldn't go on from fatigue, so I pulled into a rest area and began putting the seats back to sleep. What a bummer!

I felt like a failure. What were my kids thinking? Maybe, "What did we get ourselves into with dad this time"? "Can we really trust him for our safe keeping the rest of this vacation"?

...What would Maria be thinking if she knew? Thank goodness she didn't.

Well at least it was warm that winter in Florida, and no babies were being born in my car. But it caused me to consider what was going on in the minds of Joseph and Mary the night of Jesus' birth.

I wonder what Joseph was thinking?

...Okay, it was forced upon him by Caesar Augustus, but even so, I bet he felt like a failure. Maybe some circumstance that he had been counting on didn't work out. I'm quite sure he expected to provide better for Mary, and would have kept looking if she could have gone on. But she could not.

What about Mary? What was she thinking? Did she second guess Joseph? Did she think he had failed her? Maybe she was sure he had.

She was tenting out and delivering her firstborn baby in a strange land without the support of her family, without proper human shelter, perhaps even without warm water – ...just a husband who had not planned well. ... Anyway, the mysterious God-baby was born safely, wrapped up and laid in a trough meant to feed livestock, to keep him off the ground. At the same time "...there were in the same country, shepherds living out in the fields, keeping watch over their flock by night. 9 And behold, an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were greatly afraid. 10 Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. ¹¹ For there is born to you this day in the city of David a Savior, who is Christ the Lord".

That was the gospel message that night. That was the revelation.

12 And this will be a sign to you: you will find a Babe wrapped in swaddling cloths, lying in a manger.
What does that tell us? ...It tells us that the circum-

stances were no surprise to God and His angels, who had been watching with great anticipation, the whole time. And we can be comforted that no circumstance that we find ourselves in is a surprise to God either – whether brought on by ourselves or by someone else. And God and His Angels are there with us watching.

"Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. ¹¹ For there is born to you this day in the city of David a Savior, who is Christ the Lord". That is the gospel message for us tonight. That is the revelation. And it is as real as it was to the shepherds and Joseph and Mary two thousand years ago.

A Savior was born to save us from sin and sin's penalty – condemnation.

And He can be born in your heart if you accept Him as your Savoir and as Christ the Lord. That's why he was born — to die for your sin and save you, so that you might live with Him for eternity. 12"And this will be a sign to you": you will find your Savior, inside of you if you take the Gospel word by faith.

Why should you take that word by faith? Why should you believe that this human born baby, born so exposed, would grow up to provide you with all the shelter you need forever? Why would God make things so easy for you? Because He did the difficult thing. He gave His only begotten Son to be born a poor child, and to grow up and die for your sin as only He could.

13 "And suddenly there was with the angel a multitude of the heavenly hosts praising God and saying, 14Glory to God in the Highest, and on earth, peace, goodwill toward men"!

...It was God's design – because he loved us – to bring His peace, ...His goodwill, to all, even while we failed him.



To A Beautiful Person

By Marge Bond

To a beautiful person

If God had a refrigerator your picture would be on it, If he had a wallet your photo would be in it, He sends you flowers every spring, He sends you a sunrise every morning, Whenever you want to talk He listens, He can live anywhere in the universe but He chose your heart, face it friend. (By Max Lucado)

He is crazy about you. God didn't promise days without pain, laughter without sorrow, sun without rain. But he did promise strength for the day, comfort for the tears, and light for the way.

Lord, we are crazy about you too. Sometimes I'm sure you wonder why You gave us free will and we abuse it. We forget your 10 commandments; we forget to pray and talk to you. We forget to thank you for our blessings and the beauty you have given us. Thank you for making my heart your home. It's nice knowing you are there. I pray now for wars to end, for people to have homes, protection, and plenty of food to nourish them, and to educate them also.

When we feel at a loss and in distress, we cry out, "Jesus Lord and savior," and you come and comfort us. Too often we forget how much you love us and you died for our sins and suffered on the cross to make us right with God. You rose again as man from the dead. God the Father, and the Holy Spirit, we are grateful and blessed. Most importantly we are all crazy about you.

Merry Christmas and a Happy New Year to all With love from Marge and Anthony

Marge

Christmas Letter from Bishop Charlie

Without necessarily knowing your particular situations or that of your families' this Christmas, I can know that the event of the birth of the very Son of God in Bethlehem and all that has followed from that birth—his sinless life, his death, resurrection, ascension and imminent return—is the most extraordinary development for you and for all people everywhere.

So, without a doubt, the celebration of Christmas is precious for all those who make room in their hearts for God's Son, Jesus Christ.

Consider two verses of the Bible. The first might not be considered as very Christmassy, but it really is! I have a friend who used this in the signature of his emails (which makes him a wise man in my books):

"For God did not send his Son into the world to condemn the world, but in order that the world might be saved through him." John 3:17

The reason the Father sent the Son to visit this dark, needy world was entirely gracious: to rescue and save people, not condemn them. And if you, by faith, repent of your sin and ask him in, you yourself are automatically "in" and Christmas and all it means, and all that flowed from that great, humble-but-glorious birth, is yours forever!

The second verse is more typically associated with Christmas. The angel of God was comforting Joseph and assuring him that he should take Mary as his wife who was, though a virgin, pregnant and carrying the very Son of God. The angel makes this point about the naming of the baby:

"She will bear a son, and you shall call his name Jesus, for he will save his people from their sins."

Matthew 1:21

Saving and rescuing are the reasons for the Season. Sin, and all that flowed to the whole human race because of sin, have been completely dealt with by this Jesus. The rescue has been provided. All you have to do is accept the gift.

Saving and rescuing are the reasons for the Season. Sin, and all that flowed to the whole human race because of sin, have been completely dealt with by this Jesus. The rescue has been provided. All you have to do is accept the gift.

Speaking of gifts, the verse before John 3:17 says: "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." John 3:16

What a gift! What a rescue! What a precious baby!

And what a tragedy it would be to neglect or fail to receive the gift!

Please make sure you receive God's precious gift of himself in Jesus, his Son.

Make this verse of this familiar carol real for you:

"O holy Child of Bethlehem

Descend to us, we pray

Cast out our sin and enter in

Be born to us today

We hear the Christmas angels

The great glad tidings tell

O come to us, abide with us

Our Lord Emmanuel"

And then as I try to exhort us all every week, please seize the opportunity in these precious days to open your mouth and speak to anyone and everyone about Jesus. They need him too, and he was born for them as well.

May I conclude, on behalf of the godly team of bishops and wives of ANiC that I am privileged to serve with, by praying God's richest blessings, which are all found in this Jesus alone, for you and all you love this Christmas and throughout the coming year!

Christmas blessings,

+ Charlie

The Right Reverend Charlie Masters

Diocesan Bishop of the Anglican Network in
Canada



Synod 2019 - Nov 6-8 Him we Proclaim

By Barbara Arnold

This was my first synod and I really didn't know what to expect. Everything truly was about proclaiming Jesus.

We started Wednesday morning with a morning prayer service at St. Peter and St. Paul's church. This was followed by a Bible teaching by Paul Charbonneau. He spoke on the sanctity of life and how throughout history life has been attacked. He took us from Genesis where God created life, then disobedience to death and to revelation where there will be a new creation. In Genesis sin ruined creation, with Jesus' return in Revelation creation will be renewed.

Next was the welcome greeting from Archbishop Bob Duncan, and the official opening of synod by Bishop Charlie Masters. We then moved on to our workshops; Alan, Chuck and I attended the workshop on Bible apologetics. We were broken into some groups for discussion about what problems or questions people may have about the Bible. We were told to ask ourselves 1) What is the person actually asking? 2) Why is the person asking this? 3) How can I properly respond. The main thing that I took away from this workshop, was the reminder that we are not seeking to win arguments, we are seeking to win people.

After lunch, we all went off to our second workshop. I attended the one on mission. The emphasis was that we must get out of our buildings. People won't come to us, we have to go to them. We must remember that our goal is to tell about Jesus and to make disciples. Before we start, we should determine the need in our community and determine the capacity of our group. To prepare outreach, we need to build around what we have. The workshops ended around 3:00 o'clock, then we had free time and dinner on our own. We returned for the opening Eucharist, the blessing of oils and the Bishop's

charge in the evening.

Thursday morning we again started the day with morning prayer followed by Bible teaching by Rev. Jim Saladin. He spoke on the beauty of Jesus.

At 10:30 we started on church business – the synod secretaries were introduced, nomination committee's report was introduced and accepted. The Harvest task force committee report followed. Their mandate was to listen to the churches, so they sent out a survey. Results showed that there is a strong desire to share the good news; a support for planting churches; a concern for the Bishops workload, and a desire to work for Gospel growth as one diocese. There was a lot to report and discuss, so this continued after lunch. The report was accepted.

There will be an enhanced role for Bishop Steven, an enhanced authority for ANiC, a unified strategy for church planting; executive archdeacons responsible for daily care of churches. The diocesan bishop will provide oversight for implementation of recommendations and report back to synod 2020. Passed. We ended the day with evening prayer.

Friday we started with morning prayer and Bible teaching again with Rev. Jim Saladin. He continued the teaching from Thursday, that seeing the beauty of Jesus Christ is our reason for existence. We are to aim at maturity, walk with Jesus through our difficulties so that others can see Him in us.

Following a coffee break the financial report was presented by Ron Bales. Passed. The 2019-2020 budget was presented and passed. We finished with lunch and then the closing Eucharist and adjournment of the synod.

It was a very busy couple of days, but also a time of growth. Having now experienced my first synod, I would encourage anyone who is able to attend. You will be blessed.

Mary, Did You Know?

By Harn Yawnghwe



That your baby boy has come to make you new?

This child that you've delivered, will soon deliver you?

That your baby boy has walked where angels trod?

That your baby boy is Lord of all creation? That your baby boy will one day rule the nations?

That your baby boy is heaven's perfect lamb? That sleeping child you're holding is the great I am.

I greatly enjoyed the joint Carol Sing-in of the three churches (Bethel Community Church, Lakeside Heights Baptist Church and St Timothy's Anglican Bible Church) with the Stonehaven Orchestra this year. For some reason, the song — *Mary, Did You Know?* — touched me and I decided to search the Bible to see what Mary did know:

Mary might not have known that her baby boy would make her new, or that He was the Lord of all creation. Although incredulous, Mary probably had a good idea that her baby would be special. For in the sixth month of her cousin Elizabeth's pregnancy, the angel Gabriel came to Nazareth, and said to her, "Behold, you will conceive and bear a son, and you shall call his name Jesus. He will be great, and will be called the Son of the Most High; and the Lord God will give to him the throne of his father David, and he will reign over the house of Jacob forever; and of his kingdom there will be no end".

The Son of the Most High? The Lord God would give him the throne of his father David? What could it mean? How would it be possible that He would reign over the House of Jacob forever? It was probably beyond Mary's imagination but after Jesus' birth, shepherds out in the field keeping watch over their flock, came to Bethlehem and finding Mary and Joseph and the baby Jesus lying in a manger, told them that an angel of the Lord had appeared to them saying, "To you is born this day in the city of David a Savior, who is Christ the Lord. And this will be a sign for

you: you will find a babe wrapped in swaddling cloths and lying in a manger." The Gospel of Luke tells us that Mary kept all these things, pondering them in her heart. She must have wondered how this baby boy would deliver them from the Romans.

And when the time came for their purification according to the law of Moses, Mary and Joseph took Jesus up to Jerusalem to present Him. Simeon, a righteous and devout man, inspired by the Holy Spirit came into the temple; and took the baby Jesus up in his arms and blessed God and said, "Lord, now let thou thy servant depart in peace, according to thy word; for mine eyes have seen thy salvation which thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles, and for glory to thy people Israel". And Simeon to Mary, said, "Behold, this child is set for the fall and rising of many in Israel, and for a sign that is spoken against (and a sword will pierce through your own soul also), that thoughts out of many hearts may be revealed" (Luke 2:22-35). Mary would have been very worried by this prediction but she could never have known that her baby was heaven's perfect sacrificial lamb. The prophetess, Anna, who did not depart from the temple, worshiping with fasting and prayer night and day, came and gave thanks to God, and spoke of Jesus to all who were looking for the redemption of Jerusalem. What mystery and

As we reflect on what Mary did and did not know, let us ponder on what we know about Jesus. Do you know:

That the baby Jesus has come to make you new?

wonder Marv must have felt.

That the child that Mary delivered, will deliver you?

That the baby Jesus has walked where angels trod?

That the baby Jesus is Lord of all creation? That the baby Jesus will one day rule the nations?

That the baby Jesus is heaven's perfect lamb? That the sleeping child in the manger is the great I am?



My favorite Christmas memories.

By Aleah Endresen

My family likes telling each other memories – especially Christmas memories. My mom likes telling a story about when I was younger, while she was hanging chocolate Christmas ornaments on the Christmas tree – I wanted to eat them. She said that I could only eat them after Christmas. One morning soon after, when I woke up the weather was very mild and my mom said, "The snow is melting". "The snow is melting"?, I asked excitedly and disappeared. My mom was surprised that I was excited about that because what I usually wanted was lots of snow. When I came back with my mouth filled with chocolate she understood. I thought that if the snow is melting, that meant that Christmas was over!

I really like being with my family for the holidays, but I also enjoy being with the Church. I love all the Christmas services and the New Year's game night. We had a lot of fun.

I enjoy Christmas Eve and looking in our stockings and being with family.

I like going to my grandmother's and spending Christmas there.

I like being at my Aunt's and Uncle's too, and doing a white elephant gift exchange.

We have a lot of fun.

I also like being with friends. This year I'm planning to spend New Year's Eve with Elizabeth. Speaking of Elizabeth, we have a lot of memories together. Every time we see each other there is always a memory to tell.

But the greatest story to be retold is of Jesus the Son of God coming to this earth and living as a man to die for our sins on the cross and be resurrected so we can have a new life in God.

I will remember the deeds of the Lord; yes I will remember your miracles of long ago. I will meditate on all your works and consider all your mighty deeds. Your ways, O God, are holy. What god is so great as our God? Psalm 77:11-13

...what we have heard and known, what our fathers have told us. We will not hide them from their children; we will tell the next generation the praiseworthy deeds of the lord, his power, and the wonders he has done. Psalm 78:3-5 (Scriptures added by her mom Maria)



If I Really Cared

If I really cared.. I'd look you in the eyes when you talk to me; I'd think about what you're saying rather than what I'm going to say next; I'd hear your feelings as well as your words.

If I really cared.. I'd listen without defending. I'd hear without deciding whether you're right or wrong; I'd ask you why, not just how and when and where.

If I really cared.. I'd allow you to know me; I'd tell you my hopes, my dreams, my hurts; I'd tell you where I've blown it and when I've made it.

If I really cared.. I'd laugh with you but not at you; I'd talk with you and not to you; and I'd know when its time to do neither.

If I really cared .. I wouldn't climb over your walls; I'd hang around until you let me in the gate. I wouldn't unlock your secrets; I'd wait until you handed me the key.

If I really cared.. I'd put my scripts away, and leave my solutions at home. The performance would end. We'd be ourselves.

Author Unknown

What are my strengths and weaknesses in this area?

Submitted by Do & Barrie Fox

Rules for a Happy Marriage

Never both be angry at the same time.

- 1. Never yell at each other unless the house is on fire.
- 2.If one of you has to win an argument, let it be your mate.
- 3.If you have to criticize, do it lovingly.
- 4. Never bring up mistakes of the past.
- 5.Neglect the whole world rather than each other.
- 6. Never go to sleep with an argument unsettled.
- 7.At least once every day try to say one kind or complimentary thing to your life's partner.
- 8. When you have done something wrong, be ready to admit it and ask for forgiveness.
- It takes two to make a quarrel, and the one in the wrong is the one who does the most talking.

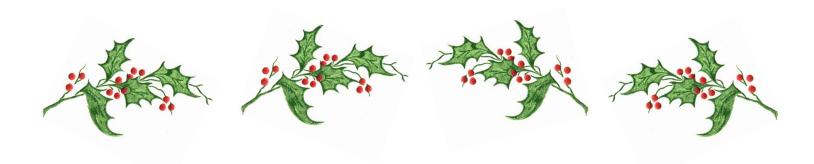


The Heart of the Christmas Message

This is the heart of the Christian message. God became human. He was born in an ordinary stable to ordinary parents. But is was an extraordinary purpose. He came to take us to heaven. His death was a sacrifice for our sins. Jesus was our substitute. He paid for our mistakes so we wouldn't have to. Jesus' desire was singular – to bring his children home. The Bible has a word for this quest: *reconciliation*.

"God was in Christ reconciling the world to Himself." (2 Corinthians 5:19, NKJV). The Greek word for reconcile means "to render things otherwise." The path to the cross tells us exactly how far God will go to put it back together. Reconciliation stitches the unraveled, reverses the rebellion, rekindles the cold passion.

Reconciliation touches the shoulder of the wayward and woos him homeward.



Toothpick: To remember to pick out the good in others. Thessalonians 5:11 To remember to be flexible. God has it under control. Rubber band: Romans 8:28 Band Aid: To remember to mend hurt feelings; yours or some one else's. Colossians 3:12-14 Pencil: To remember to list your blessings daily. Ephesians 1:3 Gum: So you can stick to it. With God you can do anything. Philippians 4:13 1 Peter 3:10 To remember to button our lip when needed. Button: Lifesaver: To remember that the Lord is there to help. Psalm 46:1 John 3:16-17 Mint: To remind you that you are worth one. Kiss & Hug: To remember that love should be a part of every day. 1John 4:7 9 Candle: To remind you to be a light in someone else's day. Matthew 5:14-16 Eraser: Everyone makes mistakes – take them to God. 1 John 1:9 Rainbow: To remind you that God's promises are faithful. Genesis 9:12 Puzzle piece: To remind you that you are part of the body of Christ. 1 Corinthians 12:12

1 Thessalonians 5:18

To remind you to relax and go over that list of blessings.

Tea Bag:



Poetry



Christmas Blessings

Christmas blessings from above Fill our hearts this day As we focus on the Christmas message And the wonder it conveys

It gives us reason to praise God For all that He has done And for all that He is yet to do In those who trust His Son

So this Christmas time, thank the Lord For the precious gift He gave And for loved ones who help create The memories that are made

A Christmas Prayer

Now I lay me down to sleep, I pray the Lord my soul to keep.

Thy angels watch me Through the night

And keep me safe till morning's light.

Submitted by Marion Parks



From Old to New

By Do Fox

To the stable from the stars
His coming was profound,
The Lord of history came
To knock history to the ground.

New life begins with Him, The years saw something new, Bringing hope and vision wide Offered free, to me, to you.

New purpose breaths new life, The old creation yields, As God's purposes take hold, And the New One is revealed.

Reflections

By Do Fox

As the water reflects sunlight So our souls reflect God's Love, Lakes are blue when skies are cloudless, Drawing colour from above.

Many colours are in sunlight As a rainbow shows is true, So the different lights of kindness Can proceed from me and you.

Sacred treasures can be hidden In the depths of any man, All one needs is eyes to see them, Then to free them, as we can.



Humour



My musical director wasn't happy with the performance of one of our percussionists. Repeated attempts to get the drummer to improve failed. Finally, in front of the orchestra, the director said in frustration. "When a musician just can't handle his instrument, they take it away, give him two sticks and make him a drummer!" A stage whisper was heard from the percussion section: "And if he can't handle that, they take away one of his sticks and make him a conductor."

This is a transcript of a conversation between a U.S. Navy ship and a Canadian off the coast of Newfoundland in October 1996.

American: Please divert your course 15 degrees to the North to avoid a collision.

Canadian: Recommend you divert your course 15 degrees to the South to avoid a collision.

American: This is the Captain of a U.S. Navy ship. I say again – divert your course.

Canadian: No. I say again, you divert your course.

American: This is the aircraft carrier USS Missouri. We are a large warship of the U.S, Navy. Divert your

course now!

Canadian: This is a lighthouse.

A wife was making a breakfast of fried eggs for her husband.



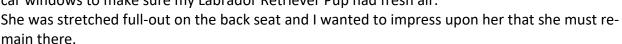


"Careful,' he said, 'CAREFUL! Put in some more butter! Oh my gosh! You're cooking too many at once. TOO MANY! Turn them! TURN THEM NOW! We need more butter. Oh my gosh! WHERE are we going to get more butter? They're going to STICK! Careful. CAREFUL! I said be CAREFUL! You NEVER listen to me when you're cooking! Never! Turn them! Hurry up! Are you CRAZY? Have you LOST your mind? Don't forget to salt them. You know you always forget to salt them, Use the salt~. USE THE SALT!

The wife stared at him.

'What in the world is wrong with you? You think I don't know how to fry a couple of eggs? The husband calmly replied, 'I just wanted to show you what it feels like when I'm driving.'

STAY!!! I pulled into the crowded parking lot at the Local Shopping Centre and rolled down the car windows to make sure my Labrador Retriever Pup had fresh air.



I walked to the curb backward, pointing my finger at the car and saying emphatically, 'Now you stay. Do you hear me?'

The driver of a nearby car, a pretty blonde young lady, gave me a strange look and said,

'Why don't you just put it in park?

Submitted by Bob Sumner

Christmas Nativity

G A Х U K М S \mathbf{E} P E I X Υ A H S K В E G \mathbf{B} P N W D 0S S Υ V Ε U U А L В G. W М S G. Ι \mathbb{Z} P Н P \mathbb{L} В Ρ W Ν Н A A. W \mathbf{E} Н A М D N А \mathbf{E} Ν S S \mathbb{P} R G. \mathbf{E} Ν U М Η G S F U S Н N D A \mathbb{R} A 0 E E G R М N Е L В Е F E 0A D H В N D G A \mathbf{E} K F F D X U E Н Ν \mathbb{B} \mathbf{E} S Н KL K \mathbb{R} N X G 0 R K T J М G M М R Н Н 0 W U G G F Y В U Р U Ι Η W A Е \mathbb{D} U М S S J X R S I P W G Ρ F М Н B Y H P F P 0 I D H M S S М В H R М A В R М М F Х K Ь K A H Н A G W В \mathbf{Z} S S X F V N Υ K В 0

ANGEL
BETHLEHEM
CENSUS
DONKEY
JESUS
JUDEA
LUKEANDMATTHEW
MARY
SHEPHERDS
STAR
VIRGIN

BABY BIRTH CHRISTMAS GOSPELS JOSEPH KINGHEROD MANGER NATIVITY STABLE THREEKINGS





Prayer of Saint Francis

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
and where there is sadness, joy

