St. Timothy's Banner

Thanksgiving 2019



Ps 19:1a The heavens declare the glory of God;

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MY GLORY

By Do Fox

My Glory is seen not only in the heavens, But also, for those who trust, It is seen acting among men. It is seen in love, in kindness, In the eyes of a mother for her child. It is seen in courage, in perseverance, When all looks dark, and trouble comes. It is seen most clearly In My Son, in Jesus! As you look into His eyes And see how deeply He loves you, This Glory, this Light, can soften Even the hardest heart. My Glory is seen in My intense desire To have you as My trusting child. It is seen as you turn from darkness To the Light of My Love. I want, with all My Heart To share this transforming Glory With you, now, and forever! That is how My Glory grows and spreads. I want you to be with Me now, and always. You become part of My Glory As you allow My Light to transform you.



A Good Word

By Rev. Dan Endresen



"Anxiety in the heart of a man causes depression, but a good word makes it glad" (Proverbs 12:25).

Many of you know that I sometimes suffer from seasonal affected disorder, a temporary form of depression that only comes in the winter months when there is less sunlight, and there are supplements and ways to diminish its affect which I take and practice. Some years I get through with only a few weeks of depression, other years, a few months. I thank God that I don't suffer year- round from depression or have reached the point of suicidal thoughts. I know some people who do, and my heart goes out to them.

There was one year that I fell into a deeper depression (not seasonal) and it was not good. It was the year that my son, Jacob, was born with a heart defect and needed surgery, constant care, and hospital supervision. At the time I had a thriving greenhouse construction business and was ready to move my family from our farm in Elgin, Quebec, to Enfield Connecticut, where I had found a nice house. But I had to give up both the house and business due to Jacob's needs and I didn't have a plan B. I fell into depression and the only thing that lifted me from it was God's word, and so I studied it, every day, unable to do anything else. Looking back now I understand that my depression came from anxiety - anxiety over uncertainty of being able to provide for my family. I was living in Quebec with no French, and no training outside of farming and the construction that I was not allowed to do in Quebec. My wife didn't drive, we had no savings, and we were living out in the countryside, far away from everything. Proverbs 12:25 says: "Anxiety in the heart of a man causes depression, but a good word makes it glad".

God's word was that "good word" to me at the time and it remains that. But I also had a Christian friend and a Christian wife to encourage me with good words of encouragement. Out of that difficult time God changed my vocational direction, calling

me to full-time ministry, and most of you became a part of my story, a few short years afterward.

Well this past summer depression struck again out of season, taking me by surprise, because my life was not turned upside like it had been the first time. I began to panic thinking that perhaps it was age this time, and something I might have to live with for the rest of my life. It was then that I read those words from Proverbs and realized it was anxiety again. ... Anxiety from what? I had a good job. My family had no life-threatening illness like before. But things were changing. Two of my children had left home (my son being one of them), another is leaving next year. It was also the first time in many years that I didn't have cattle pasturing my farm - (which I used to enjoy) which meant more work for me. In fact, I could not practically justify keeping the farm any longer, which was beginning to burden me, (after 32 years), as I had to mow the fields now and my old machinery was constantly breaking. I spent most of my vacation this summer working on it, and I hate mechanics – but I had to do the work myself because tractor mechanics are hard to get and expensive. Also there is my ailing hip. I thought the Lord might be wanting me to put it on the market but my farm has many issues – a kilometer-long laneway, and the road leading to it, recently being deemed private by the municipality, has doubled our taxes many times over recently, and a river that floods sometimes, when the ice melts, to name a few. Not an easy sell. I know that God sometimes speaks through circumstances and the circumstances seemed clear. Bad things and good things seem to come to me in bunches, and I was certainly in the middle of a bad bunch.

The writing was on the wall. Things were changing, more would change soon, and I don't like change. That was where the anxiety was coming from. Could we possibly even move back to the suburbs? Could we even handle that?

One day, besides being so depressed from anxiety, my wife was ill, (yet again) and my tractor was broken. I was overwhelmed with work that I couldn't do and I needed desperately a good word to hang onto, so I went to Jesus for His words of peace to His disciples. After reading His word, I put on my smartphone and saw an ad on Facebook Marketplace for a generator I had been looking for, and another piece of farm machinery that I could use at a very good price. But I didn't feel like investing any more in the farm now or even driving the hour and a half that day to even look at the stuff. I asked my family members if anyone would go with me, and they all said no.

So down I went again, and was just going to wallow in my depression. What else could I to do? ... Well I could call a friend who often has a good word for me. I called Chuck, who told me to go and look at the equipment, and praise the Lord on the way. On the way I stopped by the tractor shop to pick up a part I had ordered. They had received the wrong part, as I had predicted, and I felt worse. Back in the car I tried to praise the Lord how Chuck had counselled me, but I broke down in tears instead. I later gathered myself together and was able to sing some worship songs and my depression began to lift slowly.

When I got to the place the guy informed me that he had just sold his farm even though he hadn't wanted to. Someone had stopped in, out of the blue, and asked him if he would to sell it to him. He said, no. But the guy was persisted so he gave him a ridiculously high number, which was accepted. I didn't know what to make of him telling me that - but I bought the equipment, and he delivered it later on that day. From that time things began looking up. He told me of someone else who would buy the junk laying around my farm, and the very next day he came and took it away for some cash. I then received the right parts for my tractor and was able to repair it myself and mow my fields. I was also able to hire a backhoe at a good rate to deal with my flooding problem. A week ago we invited a realtor to list our farm. I was anxious again, but before she arrived, Fred and Margret popped by with a friend. I told Fred what was happening that day, and he gave me another good word. He said, "Don't worry, just list it high, and if it's accepted, sell it". That's it. That took my anxiety away as it also reminded me of what the guy who I bought the machinery from had told me about his experience. It was confirmation that I was doing the

right thing.

I thank God that He is there to take our anxiety and depression when we give it to Him, and that He is the one who gives the good word we need, either from the Bible or from His servants when we look for it. I thank God for them both and look forward to what's next. Praise God, I'm glad again!

Description of the Trinity as maybe we humans can relate and understand.



By Fay Gomes

Think of **God the Father as the Head/Brain**. Nothing can be done without the brain giving the order.

God the Son as the Heart. The brain does not function without the heart sending blood to it.

God the Holy Spirit as, yes, the **Blood**. Without the BLOOD being PUMPED to the BRAIN everything will die, including the blood which will become water/coagulated.

In other words the three work together to stimulate life; everything that makes the body move/alive. But there is one more factor.

It is only when those "Three" are working together that the apostles/disciples/believers, can go out and function, walk/talk/move hands, to accomplish things.

Get it? What we do physically, is only possible through the Head, Heart, and Blood allowing our parts to accomplish anything. God (the Three in one), gives what it takes, to move, talk/sing/preach, get to places, hold things, even give birth; then the physical bodies (representing the Believers) go into action, doing the actual services. We are allowed to use all our limbs/body parts, for good to serve God or to turn our backs on Him and do wrong things; coarse words or praise Him; help others or misuse our strength/thoughts; eat well to nourish His gifts, or do drugs etc. to destroy our organs. He gave us the gift of choice, not making us as robots.



What do I have to give thanks for in my life?

By Deacon Alan Arnold



Right off the bat, I have to thank God for all the blessings he has bestowed on me. Firstly, that He did not wait for us, sinners all, to come to Him, but through His Son's death on the Cross for our sins, reconciled a fallen world to Himself.

Secondly, that through the Holy Spirit, He broke my hardened atheistic heart that denied His very existence, and gave a realization that I needed Christ Jesus as my Saviour and Lord to reconcile myself to Him. Saviour, because I needed the forgiving of my sinfulness that He bought on the Cross to allow me to know God and call Him Father. Lord, because unless I handed my life over to Him, I would be struggling to live for Him in my own works and be defeated from the start.

I thank Him for His Word that allows me to know Him more and more every time I pick up the Bible and read of Him.

I thank Him that he has allowed me to keep my skeptical outlook that kept me from Him for so many years but He has modified it into a spirit of discernment that raises red flags when messages or teaching seem off-base.

I thank Him for Barbara, and even though neither of us knew the Lord when we were married, it has always felt just right that we be together and that has only grown more as we came to know the Lord, each in our own time, and as we continue our journey with Him.

I thank Him for our miracle son, Michael. Because of medical complications we were not supposed to be able to conceive a child and yet there he is, all 6'3" – 280lbs of him.

I thank Him for bringing Barbara and then Michael to accepting Jesus. (I look back now, and think: first the gifts of Barbara and Michael, when I didn't deserve them, then their coming to Christ and I still denied His existence for many years? DUMB

В

I thank Him for the wonderful church families that He brought me into, first at St A's and then St Tim's. (I must tell you, that I wondered for quite a while WHY St A's, with it's stilted, formal King James services and those ooold hymns). As a rock'n'roll listener I was drawn to solid Christian rock with a message, like Petra. I slowly came to understand that style of worship was much less important than where He wanted me to serve HIM.

I thank Him for the solid biblical teachers in our 2 parishes (Jim Bennett, Alan Cameron and now Pastor Dan) to shepherd me in my walk with the Lord.

Since high school, I always wanted to teach. Although I never was in a formal teaching environment, all of my jobs involved training and teaching, and NOW He is allowing me to teach and preach His Word.

I could go on and on, but I told myself "just one-page Alan", besides there will be other Thanksgiving Banners, right.

May we all remember and enjoy the many blessings that He pours out on His Children,



Summer And Fall Activities













Vacation Bible School



By Sue Roy

Jesus healing the centurion's servant,



and Jesus challenging the rich young man.



Each day included one main teaching: trust Jesus, He forgives; trust Jesus, He gives peace; trust Jesus, He's the truth; trust Jesus, He's powerful; trust Jesus, He's the Saviour.

The children learned four songs with actions and memorized Proverbs 3:5-7. They took activity books home to complete with parents help as needed. This year the staff of CEF added collector cards (one per day). Each card had the theme of the day and memory verse and the five cards together were attached with a small hiking carabiner. A closing service was held on Sunday, August 26th. All children and their families were invited.

The VBS had a total of 44 children registered. The general attendance for each day was 34 to 38 children. Our team of volunteers included adults, young adults, and teens. It is always great to have our youth stepping up to help. A heartfelt thanks to all the volunteers that helped make this a good week. We thank God for answered prayer and continue to pray for the children who attended.

St. Timothy's held the Vacation Bible School from August 19 to August 23 for children ages 5 to 12. We continue to use the curriculum from Child Evangelism Fellowship. The theme this year was "Himalayan Expedition: A Journey in Trusting Jesus". The children learned about trusting Jesus through object and Bible lessons.

The Bible stories covered Jesus forgiving the sins of the paralyzed man,



Jesus calming the storm,



Jesus showing love to a Samaritan woman,





PARKSIDE RANCH ANNUAL RETREAT 2019



By Eleanor Clifford

As we bid summer goodbye, we welcome the cooler days and evenings of the Fall season. "Great for sleeping" we agree on that, however some of us are not so eager to embrace what lies ahead---- namely cold weather, snow and ice. On the other hand, there are those who look forward to a variety of outdoor activities.

There is one thing that St.Timothy's gets really excited about, and that is the weekend at Parkside Ranch. This year we arrived a little earlier, and the leaves were not yet in full fall foliage.

Parkside Ranch is just outside of Orford Park in a relaxed setting. Horses graze nearby enjoying crunchy carrots fed by adults and children alike. This year there were 46 in attendance.

Upon arrival we chose our respective rooms, registered, then headed to St. Hubert for a delicious meal and fellowship, as by this time we were quite hungry.

Back at the ranch, we gathered together in the Lodge for the intro session with Pastor Tim and Deacon Jane Parent. Here the outline for the weekend was presented and we also learned a bit about Pastor Tim and his wife Jane.

Pastor Tim is the Rector of St. Luke's Anglican Church in Pembroke Ontario. He was ordained in 1990. Pastor Tim has served in Ottawa, Ottawa Valley as a youth Pastor, a University Chaplain, and served on the team "In Wholeness Through Christ Ministries". His wife Jane is an ordained Deacon (ANIC) and serves along with him in Pembroke in Evangelism and Youth Ministry. They long for the local church to resemble the Church in Acts 2: 42-47, as The Lord desires us to be.

There were three Sessions:

Session 1 - What do we know about God?

We know that God created the Heaven and the

Earth- He chose us, and by faith in Him and by believing that He exists He gives to us the spirit of wisdom so that we will be able to know him better. He is the Great I Am. God works for the good of those who love Him. Romans 8: 28. God made us for His pleasure. He showered us with spiritual blessings. "Amazing Grace", the well-known hymn by John Newton states that we were saved by God's Amazing Grace-----(God' riches at Christ's expense.). God's purpose is to show us His will until His return. Hebrews 4:16 states that we are to come boldly to the throne of grace to receive mercy in our time of need.

Session 2- What do we know about ourselves?

We are chosen by God- we are redeemed, forgiven, and receive the Spirit of truth and wisdom. Without Christ we are dead in sin. We are helpless without Christ in our lives. We were born with a sinful nature, the only way to live an abundant life is to have Christ living in us. There is no situation too big for Christ to handle. Each one of us in our imperfect nature, needs to receive his healing touch, and give everything over to Him. He wants us to come to him with our every need, no matter how small. We need to pray without ceasing, continuing daily to trust Him for all our needs. God will fill us with his Holy Spirit that will enable us to become more like him. We will then be filled with the fruit of the Spirit. Galatians 5:22 --But the fruit of the Spirit is: Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control. A tall order--- no wonder we need God's grace!

Session 3- What do we know about Grace?

It is given out of God's love-totally undeserved. But God, being rich in mercy, loved us so much that even when we were sinners He saved us by the Blood of Christ. We will be seated with Him in heavenly places-. Ephesians 2: 4-8 says: For grace you have been saved through faith and this is not your own doing; it is the gift of God. Amen.

It is so Important to know the truths of Scripture. In the relaxed, quiet area of Parkside Ranch, it was the perfect place, (away from the distractions of daily life) to meditate on His word.

The praise and worship was led by Annie Gagnon, who sang and played the piano, Katie Heron, (Annie's sister,) and Emma Gruetzner sang, and Josh Meier played the

drums. What a wonderful way to praise the Lord!

The Saturday night shenanigans were hilarious! Skits performed by our talented actorswe were divided into teams and we really needed to think on our feet as we sang, danced etc.--- all impromptu!! Many

thanks to Thomas Gruetzner for organizing the Family Fun Night.

I MUST mention the delicious meals prepared by the cooking staff--the lead cook Sandra, and all her helpers were amazing. They were super friendly, and so accommodating. Everything was yummy- Lasagne, Tacos, Roast beef, rolls, and a salad bar with all the trimmings! The Desserts were great. Coffee, tea, hot chocolate and juice were also available.

It was wonderful having down time for fellowship, nap or meander around the grounds. Saturday wasn't the best day weather-wise, however, it didn't dampen our spirits at all. Saturday night after all the fun---we enjoyed being outside at a Campfire, to roast marshmallows, and indulge in Smores. (No one ever outgrows these treats!)

After a busy day, we were happy to head off to our beds for a good night sleep.

Sunday morning Pastor Tim led the final session, followed by Holy Communion and prayer.

Lunch was served, and since all good things must come to an end, it was time to pack up and head home.

It was a weekend filled with so many blessings. We shared stories, prayed, sang, and got to know one another a little better, during the quiet, peaceful environment of Parkside Ranch.

Special thanks to: Pastor Dan for leading the

service, Pastor Tim and Deacon Jane for their teachings. Alan Arnold for all his help registering, Friday evening, and being present to help out when needed. The worship team for their music ministry.

Thomas Gruetzner for organizing a fun-filled Saturday night. The cooking staff-Sharon and all her helpers. Thanks to Charlotte for her

help in making the name tags, and being the liaison between St. Timothy's and Parkside Ranch. Charlotte looked after booking the weekend, (we are already booked for next fall.)

It was a real blessing, to attend the retreat weekend. In a world preoccupied with so many distractions, it was a real opportunity to experience God's presence, and to appreciate all that God has done for each one of us.

Heavenly Father, we thank you for this weekend.

We have been enriched by your teachings. May we share what we have learned with those around us, so they might see the love of Christ shine through us.

AMEN.

Eleanor Clifford,

Former member of St. Timothy's Anglican Bible Church.

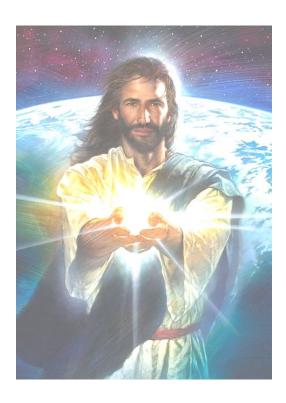
Now attending St. Matthews Evangelical Lutheran Church

Cornwall, Ontario.



"Ambassadors for Christ"

By Deacon Alan Arnold



Back in May, we started a study of 2 Corinthians 5:18 -20, and took a break for the 'summer'. We have 3-4 weeks left and will be picking up where we left off on **Sunday 20th October.** For those who participated in the spring here is a quick recap to get us back on track. If you didn't participate in the spring, but you find this article enticing, you are more than welcome to join us on the **20th**.

All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; ¹⁹ that is, in Christ God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation.

Therefore, we are ambassadors for Christ, God making his appeal through us.

2 Corinthians 5:18-20

Every believer is called by Christ to be both a missionary at some level ("one who is sent") and an ambassador ("one who carries a message"). Jesus said,

"As the Father has sent me, even so I am sending you." (John 20:21). Paul wrote, "Therefore, we are ambassadors for Christ, God making his appeal through us" (2 Cor. 5:20).

In Biblical times, the *ambassador* was a "personal messenger," sent on a special mission (Luke 14:32 – emissaries sent to sue for peace) under the authority of a ruler or a government official, to declare a message but not to negotiate the response. Rome sent ambassadors only to the imperial provinces, that were still rebellious and would create problems for Rome if they could.

Believers are God's ambassadors to this world because the world is at war with God (Rom. 8:5–8). Through the sacrifice of Jesus Christ on the cross, God has been reconciled to the world (2 Cor. 5:18–19); but the world has not repented and been reconciled to God. For this reason, God must deal with this rebellious world as Rome dealt with their imperial provinces. He must send his ambassadors with his message of peace.

What are the characteristics of an ambassador and how do they relate to us as God's ambassadors today?

1) An ambassador must be a citizen of the nation he or she represents. We were all once citizens of Satan's kingdom, living outside the kingdom of God. We could not leave Satan's realm in our own power, nor could we make ourselves citizens of God's kingdom by our own efforts.

Only Jesus Christ can set sinners free and give us new citizenship. (Colossians 1:13–14). When we trust Jesus Christ as our Saviour and Lord, He delivers (rescues from danger) and transfers us out of Satan's kingdom into the kingdom of the Lord.

For God's ambassadors, true citizenship is in heaven. (Philippians 3:18–21) In 1 Peter 2:11, he writes that we are only sojourners, visitors, in this world. We don't belong here.

- 2) Ambassadors *must be commissioned*; credentials approved and accepted by the sender. God has given us "the ministry of reconciliation" and "the word of reconciliation" (2 Cor. 5:18–20), and we must, in Christ's stead, plead with a rebellious world to be reconciled to God. (see John 17:18; and John 20:21). We are God's ambassadors of peace, commissioned by the King of Kings.
- **3)** An ambassador represents his ruler and his people. Not every believer is called to full-time Christian service, but every believer is called to full-time Christian living. We represent Jesus Christ and his church; and people form their opinions of God and the gospel from what they see and hear in us.
 - a) The ambassador has no right to manufacture his message. Our message is the gospel of Jesus Christ, and it was given to us by Our Lord. Paul writes in 1 Corinthians 15:2 that we are to hold fast to that Gospel, or our belief is in vain.

Again, in Galatians 1:8-9, Paul warns that to proclaim <u>any other gospel</u>, is to invite the judgement of God upon us.

b) The ambassador does not promote himself or allow his own personal interests to get in the way of his official work. When the messenger becomes more important than the message, you have the beginnings of a cult; and that is always dangerous.

2 Corinthians 4:5 "For what we proclaim is not ourselves, but Jesus Christ as Lord, with ourselves as your servants for Jesus' sake".

- c) We are *always* representing our King, and we must be certain that he is pleased with what we say and do. This is Not an 8 to 4 job. The ambassador is *always* the ambassador and must live accordingly.
- 4) The ambassador has all of his or her needs provided. As long we are about Christ's business, seeking to honor his name and do his will, he will see to it that we receive all that we need, for all the resources of heaven and earth are at our disposal, and He is with us wherever we go (Matt. 28: 20b) "And behold, I am with you always, to the end of the age."

Philippians 4:19 And my God will supply your every need according to his glorious riches in Christ Jesus

Yes, through the Holy Spirit, God will supply the wisdom, knowledge, words, speech, foreign language, healing (to name a few gifts) in each situation as needed, and cover it with our portion of 'agape' love to deliver it.

5) An ambassador *keeps in touch with headquarters*. Each nation has a <u>"general policy"</u> that expresses the official position on many matters. It also has a strategy for applying this policy in day-to-day decisions.

God's "general policy" is found in the Bible. It reveals his character, his purposes, and his methods of getting things done. As we read the Bible and meditate on it, we discover God's will and God's strategy for his people in this world.

As we pray and wait before the Lord in a spirit of worship, the Spirit uses the Word to guide us in our day-to-day decisions. It is not necessary for us to "invent" anything.

"The Spirit of Christ is the spirit of missions," said missionary Henry Martyn, "and the nearer we get to him, the more intensely missionary we must become."

The ambassador who does not keep in touch with headquarters is in danger of jeopardizing the work he has been given.

6) The ambassador must always be prepared to give account.

1 Peter 3:15: but in your hearts honor Christ the Lord as holy, always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you, yet do it with gentleness and respect,

2 Corinthians 5:10 For we must all appear before the tribunal of Christ, so that each may be repaid for what he has done in the body, whether good or worthless

The fact that we shall one day stand before Christ's judgment seat should encourage us to be faithful. We all want to hear, "Well done, good and faithful servant".

7) Ambassadors are expected to obey the laws of the homeland and the orders given to them. If an ambassador flouts the law and refuses to obey, his

commission is taken from him and he is removed from his high office. He does not cease to be a citizen of his nation, but he does cease to enjoy the privileges and powers of the office.

When a Christian disobeys God, he or she does not cease to belong to God's family and God's kingdom. But that Christian does forfeit the joys and privileges of the Christian ambassador.

Jonah is a classic example of a disobedient ambassador

- a) COROLLARY: Ambassadors are expected to obey the laws of the land as well, as long as they don't conflict with the homeland rules. We are admonished throughout the epistles to be subject to our masters and rulers. This is part of our witness.
- 8) As God's ambassadors, we are not responsible for the way people respond to the message.

Our task is to obey God's will and faithfully deliver his Word. His task is to use that Word to accomplish his divine purposes.

READIsaiah 55:8-11

Wherever the Apostle Paul ministered, some people believed, others delayed, and some openly opposed the message. He was a faithful ambassador who left the results with the Lord.

9) Ambassadors are usually called home before war is declared. The Lord Jesus Christ has promised to return to take his people home to heaven (John 14:1 –6; 1 Thess. 4:13–18). After his people have been taken to glory, God will send judgment on the earth (see 1 Thess 5:1–11, 2 Thess 2).

We have put our faith in "Jesus, who delivered us from the wrath to come" (1 Thess. 1:10). "For God hath not appointed us to wrath but to obtain salvation by our Lord Jesus Christ" (1 Thess. 5:9).

As long as God's ambassadors are in this world, God is calling sinners to repent and believe the gospel. We are "declaring peace" and asking sinners to be reconciled to God. But there will come a day when God will call his ambassadors home, and then he will declare war. This does not mean that people cannot be saved during that time of terrible tribulation, but they will have to pay a great price for their testimony (Rev. 7:9–17).

The world persecutes God's ambassadors. It does not realize that the very presence of God's people in this world is their opportunity for salvation and hope. After the ambassadors are called out of this world, the wrath of God will fall; and this will mean death and eternal judgment for many people.

If you have never trusted Jesus Christ as your Savior,

Trust Him Today! You cannot be sure of tomorrow.

If you are one of his children, then you are also an ambassador for Jesus Christ. Be a faithful ambassador! Share his message with the lost world while there is still opportunity. Help others carry the message where you cannot go.

"How long have you had the Glad Tidings in England?" a Chinese Christian asked Hudson Taylor.

Somewhat embarrassed, Taylor told him that England had known the gospel for several hundred years.

"What!" exclaimed the man. "Several hundred years! Is it possible that you have known about Jesus so long and only now have come to tell us? My father sought the truth for more than twenty years and died without finding it. Oh, why did you not come sooner?"

How would you answer that question?

Texts exerts from Wersbe, W W (1988). Be what you are: 12 intriguing pictures of the Christian from the New Testament (pp. 136–148). Wheaton, IL: Tyndale House.



EACH ACCORDING TO ITS KIND

By Harn Yawnghwe

Did you know that when you eat Kale and Cauliflower, you are basically eating the same vegetable? What about Brussels Sprouts and Rapini? Yes, they all come from the same 'plant kind' mentioned in Genesis 1:11. On the third day of creation, God said, "Let the earth put forth vegetation, plants yielding seed, and fruit trees bearing fruit in which is their seed, each according to its kind, upon the earth." And it was so. Bok Choy, Broccoli, Brussels Sprouts, Cabbage, Canola, Cauliflower, Collard, Kai Lan, Kale, Kohlrabi, Rutabaga, and Rapini, all come from the same wild Mustard plant (Brassica oleracea). They either mutated and evolved in the wild or were cultivated for their buds, stems, leaves or flowers. Example – broccoli (flower buds and stem), Brussels sprouts (lateral leaf buds), cabbage (terminal leaf buds), and cauliflower (flower buds).



Blood Orange, Clementine, Grapefruit, Key Lime, Lemon, Mandarin Orange, Orange, Tangelo, Tangerine, etc. to name a few, also come from the same 'plant' kind. And all of them come from three main citrus fruits – Citron, Mandarin Orange, Pomelo.

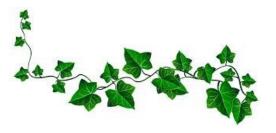


An Orange is a hybrid between a Pomelo and a Mandarin Orange. A Clementine is a cross between a Mandarin Orange and an Orange. A Grapefruit is a cross between an Orange and a Pomelo. A Tangelo is a cross between a Tangerine and a Pomelo or Grapefruit. A Tangerine is a cross between different types of Mandarin Oranges. A Meyer Lemon is a cross between a Lemon and a Mandarin orange. The Lemon is a hybrid be-

tween a citron and a sour orange. Limes are a cross between Citrons and Mandarins. The Sweet Limes come from crosses of citron with either sweet or sour oranges. And so the list goes on.

Isn't God amazing? He designed each plant 'kind' in such a way that they can become an amazing variety of plants and fruits for our enjoyment. Can you imagine how complex the DNA of each of the original plants must have been? Not only that, although the plants were submerged under water during Noah's flood for a year, they were resilient enough to not only survive, but regrow and fill the earth. Even today, it is amazing how a forest can regrow even after it has been destroyed by a natural disaster or man.

Bless the LORD, O my soul! O LORD my God, thou art very great! O LORD, how manifold are thy works! In wisdom hast thou made them all; the earth is full of thy creatures (Psalm 104).



Poetry



The Genesis of Love

By Do Fox

Love and life are intertwined,
It was from the beginning,
As sunlight sparkled on the seas
The dance of life was winning.

Through time life spread and multiplied,
And laid a complex venue,
A feast was set by God, for man,
His Love is on the menu.

So dine on Love, and you will see
How life can thrive, and prosper,
That is a law that is alive,
And common sense will foster.

No Matter

By Do Fox

No matter where you travel,
No matter who you touch,
There is a Caring Life Force
That loves you very much.

You can't escape His Presence,
His wisdom who can reach,
Yet still His Heart is longing
To love, protect, and teach.

He shelters those who trust Him,
And guides with tender care,
The brave, or timid people
Who believe that He is there!

A Meditation



Now, Lord, you've known me a long time. You know me better than I know myself. You know that each day I am growing older and some day may even be very old, so meanwhile please keep me from the habit of

thinking I must say something on every subject on every occasion.

Release me from trying to straighten out everyone's affairs. Make me thoughtful, but not moody, helpful but not overbearing. I've a certain amount of knowledge to share; still it would be very nice to have a few friends who, at the end, recognized and forgave the knowledge I lacked.

Keep my tongue from the recital of endless details. Seal my lips on my aches and pains. They increase daily and the need to speak of them becomes almost a compulsion. I ask for grace enough to listen to the retelling of other's afflictions and to be helped to endure them with patience.

I would like to have improved memory, but I'll settle for growing humility and an ability to capitulate when my memory clashes with memory of others. Teach me the glorious lesson that in some occasions I may be mistaken.

Keep me reasonably kind; I've never aspired to be a saint....saints must be rather difficult to live with....yet on the other hand, an embittered old person is a constant burden.

Please give me the ability to see good in unlikely places and talents in unexpected people. And give me the grace to tell them so, dear Lord. Amen

This was Cary Grant's favourite prayer and it is how he closed his informal "conversations" on stage during the last few years of his life.

Submitted by Charlotte Paton

A Prayer

Dear Jesus, help me to spread Thy fragrance everywhere I go. Flood my soul with Thy spirit and life.

Penetrate and posses my whole being so utterly that all my life may be only a radiance of Thine. Shine through me, and be so in me that every soul I come in contact with may feel Thy presence in my soul.

Let them look up and see no longer me but only Jesus. Stay with me, then I shall begin to shine as Thou shinest; so to shine as to be a light to others.

This light dear Jesus will be all from Thee; none of it will be mine; it will be Thou shining on others through me.

Let me thus praise Thee in the way Thou dost love best, by shining on those around me.

Let me preach Thee without preaching, not by words, but by my example, by the catching force, the sympathetic influence of what I do, the evident fullness of the love my heart bears to Thee.

John Henry Newman

Submitted by Barrie Fox





Humour



SMILES FROM THE BIBLE

- Q. What kind of man was Boaz before he marriedA. Ruthless.
- Q. What do they call pastors in Germany?
- A. German Shepherds.
- Q. Who was the greatest financier in the Bible?
- A. Noah. He was floating his stock while everyone else was in liquidation.
- Q. Who was the greatest female financier in the Bible?
- A. Pharaoh's daughter. She went down to the bank of the Nile and drew out a little prophet.
- Q. Who was the greatest comedian in the Bible?
- A. Samson. He brought the house down.
- Q. What excuse did Adam give to his children as to why he no longer lived in Eden?
- A. Your mother ate us out of house and home.
- Q. Which servant of God was the most flagrant law-breaker in the Bible?
- A. Moses. He broke all 10 commandments at once.
- Q. Who is the greatest babysitter mentioned in the Bible?
- A. David. He rocked Goliath to a very deep sleep.
- Q. Which Bible character had no parents?
- A. Joshua, son of Nun.

Kids Perspective

It was Palm Sunday, and because of a sore throat, five-year-old Johnny stayed home from church with a sitter. When the family returned home, they were carrying several palm branches. The boy asked what they were for. "People held them over Jesus' head as he walked by." "Wouldn't you know it," the boy fumed, "the one Sunday I don't go, He shows up!"

A little boy in church for the first time watched as the ushers passed around the offering plates. When they came near his pew, the boy said loudly, "Don't pay for me Daddy. I'm under five."

"Oh. I sure am happy to see you," the little boy said to his grandmother on his mother's side. "Now maybe Daddy will do the trick he has been promising us." The grandmother was curious. "What trick is that?" she asked. "I heard him tell Mommy that he would climb the walls if you came to visit us again", the little boy answered.

When my three-year-old son opened the birthday gift from his grandmother, he discovered a water pistol. He squealed with delight and headed for the nearest sink.

I was not so pleased. I turned to mom and said, "I'm surprised at you. Don't you remember how we used to drive you crazy with water guns?" Mom smiled and then replied... "I remember."

Submitted by Bob Sumner

Activity Page

GROUP GAME

Thanksgiving Word Search

1 Thessalonians 5:16-18, "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus."

F J P Y I G P R A Y E R S M Y S R R G E GBRCHURCHBRGEYOK YGGN GERF EGN ELBAT OUAA T L ZREVBN TRE S S EDU T I YWNC TNT F Z ILOGII S G M L S RUH T C \mathbf{L} T R D C VS UΑ PHQ OMMS 0 FAUEXI EAF W N V Ε 0 W E V I P D В GL VUS L YXE GNEMBMD DMRNHT S LVONF D G XEAP I Ι Y T INUMMOCXV K Ι T I CERC HHAP RAJ Q K L S Ι R Z JFRHQHT V \mathbf{E} C Ρ HRX CARRU T N Α NKRYTRADITIONHIMG RKEYE EEDARAP S S T CNN VORQGC T T P T IKBIII H T I TLX G D 0 В 0 E P MUASB DWTLFCYCAKH I YUMVTLQGAEKYWQNIUPRM

Word Search
By Aleah
Endresen

KIGSJKMP
EELBIBA A
PONDRRSH
TSEJKDTO
LQLSCPTR
NHIEZFIS

XDBUEHME

EVWLDPSO

Word Bank

AUTUMN GOD LEFTOVERS PRAISE FEAST TRADITION FELLOWSHIP GRATITUDE LOVE TURKEY BAKE PRAYERS BLESSINGS FRIENDS GRAVY NAP PUMPKIN WORSHIP CHRIST GATHERING HARVEST NOVEMBER SHARING YUM GIVING CHRISTIAN **JESUS** PARADE TABLE CHURCH GOBBLE LAUGHTER PIE THURSDAY

Words: Bible, Pond, Sleep, Parkside, Horse

